

Utah CEC's 9th Annual Wellness & Education Fair

Saturday, March 21, 2009

8:00 - 9:00 AM Registration and Continental Breakfast

9:00 - 10:00 KEYNOTE: **Kristen Cox**

10:00 - 10:15 AM Utah CEC Award Ceremony

10:15 - 10:30 AM Networking Break



GOOD VS GREAT:

HOW EDUCATORS CAN MAKE A REAL DIFFERENCE IN THE LIVES OF STUDENTS WITH DISABILITIES!

Kristen Cox is the current Executive Director for the Utah Department of Workforce Services, who just happens to be blind. She is a true inspiration to everyone.

Fair Clinics/ Sessions

10:30 - 11:20
&
11:40 - 12:30

READING IS FOR EVERYONE!

Does it seem impossible to share the same information with students who are similar in age, yet worlds apart in ability? Come and get wonderful ideas on how this can be successfully accomplished.

YOGA ON YOUR TIME - YOUR WAY

You will learn how to fit in yoga to your busy schedule. We will practice poses that can be done in a chair, in a classroom, in regular clothes. Come learn how to do yoga on your time your way!

A Healthy Teacher is a Happy Teacher

It is too easy as a teacher to take care of everyone else and forget about yourself. This session will focus on ways to stay fit through nutrition and exercise. These simple techniques will help you maintain a healthy lifestyle.

PRACTICAL IDEAS & INTERVENTIONS FOR MANAGING DIFFICULT BEHAVIORS

A presentation and discussion of behavioral interventions, which can really work to reduce and manage difficult behaviors in students with disabilities. Also, a discussion of the critical components of intervention implementation.

CREATING QUIET IN ASPERGER SYNDROME

Come and experience the environment, techniques and ideas that have aided in the positive, successful integration of students with Asperger syndrome into the general education classroom.



CO-TEACHING IN A SECONDARY SETTING

This session will discuss a co-teaching model that has worked successfully in a local middle school for 6 years. The presenter will share accomplishments about the program and offer strategies for making co-teaching successful in your setting.



Breakfast & Lunch Provided

So...You Want to Teach Kids With Autism? (Stuff THEY Spent 20 Years Teaching Me!)

This session will discuss specific and practical ways to use technology, classroom arrangement/routines, instructional pacing, behavior management, motivation, developmental approach to teaching, and more.



Only a certified genius, or maniac, would attempt this scope of topics in a single session... we got the maniac.

FINDING YOUR HAPPY PLACE

This session will teach ways to effectively deal with and relieve the physical and emotional effects of stress. Be prepared for a hands-on experience that should leave you feeling less stressed and more focused.

12:30- 1:30 LUNCH & CONVERSATION

Guest Speaker - Ronda Menlove (Utah House of Representatives)

How Can I Make a Difference in Utah Education Policy?



On-going Fair Clinics 10:00 AM - 2:00 PM

Jewelry, Candles, Blood Pressure, New & Used Book Sale, Silent Auction, Manicures & Pedicures, Massages, Lotions, Vinyl and more!