

UTAH SCHOOLS FOR THE DEAF AND THE BLIND

CERTIFICATION TO PERFORM CARDIO-PULMONARY RESUSCITATION POLICY

1 PHILOSOPHY

USDB believes it is essential to Cardio-Pulmonary Resuscitation (CPR) for the health and safety of students and staff. USDB strives to provide a sufficient number of individuals who are able and qualified to provide first aid in case of accident or health conditions which may cause an individual to stop breathing or have cardiac arrest. USDB believes it has an obligation to provide resources for training and certification of key staff that have a high probability of encountering life threatening situations.

2 PURPOSE

2.1 The purpose of this policy is to specify who receives certification, how certification may be provided, and what adjustments to work schedules will be allowed. Also, to describe procedures for scheduling and payment for training services.

3 DEFINITIONS

3.1 **High risk positions:** Those staff who have responsibility for children with specific health or other problems such as seizures, breathing problems, eating disorders, asthma, heart defects, injuries, or other medical conditions which may dispose children to stop breathing or have cardiac arrest.

3.1.1 Staff which meets this definition includes but is not limited to:

3.1.1.1 Teachers of classes of children with multiple disabilities.

3.1.1.2 Instructional Aides in classes of children with multiple disabilities.

3.1.1.3 Bus Drivers (contractors must provide training to their employees)

3.1.1.4 Bus Aides of children with disabilities.

3.1.1.5 Teachers of preschool age children.

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- 3.1.1.6 Designated residential staff
 - 3.1.1.7 Residential kitchen staff shall have foreign body airway obstruction management training.
 - 3.1.1.8 Specialized staff, (i.e., Orientation and Mobility [O & M], Communication Intervener, Occupational Therapist [OT], Physical Therapist [PT], Speech-Language Pathologist [SLP]).
- 3.2 **CPR Training:** Instruction in cardio-pulmonary resuscitation provided by a recognized organization that provides information and practice for reviving individuals who have stopped breathing, who are in cardiac arrest, or have an airway obstruction.
- 3.2.1 Skills which will be required upon completion of training include but are not limited to:
 - 3.2.1.1 Identification of risk factors of heart disease and prudent heart living
 - 3.2.1.2 Identifying the warning signs of heart attack
 - 3.2.1.3 Activating the Emergency Medical Service System
 - 3.2.1.4 Identifying injury prevention measures for infants and children
 - 3.2.1.5 Demonstrate the following skills on manikins for infants, children and adults.
 - 3.2.1.5.1 Recovery position
 - 3.2.1.5.2 Rescue breathing
 - 3.2.1.5.3 One Rescuer CPR
 - 3.2.1.5.4 Foreign Body airway obstruction management
- 3.3 **Certification:** A document which attests that the owner has satisfactorily completed training and is competent to use CPR techniques.

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4 PROCEDURES

The following procedures will be implemented to assure that CPR skills are available throughout the agency.

- 4.1 Annually, Health Services will provide the Director of Educational Support Services a list of individuals which need to be certified for the first time and those who need to have re-certification as described in 3.1 above.
- 4.2 The Director of ESS and the Nurse will schedule certification dates. The schedule may include sessions taught by qualified USDB staff or they will help arrange with agencies which can provide certification of skills.
- 4.3 The Director of ESS will provide to each program director a list of staff that should be certified and their status.
- 4.4 Each program director will arrange for its staff to participate in the available training.
 - 4.4.1 Certification (including materials and manikins) when provided by USDB staff will be a part of the health services time and budget.
 - 4.4.2 Director may choose to have organizations other than USDB Health Services provide training. When certification is not provided by USDB (including fees and materials) the cost will be a part of individual division budgets.
- 4.5 New staff employed in the high risk positions (3.1) will be required to be certified and need to make arrangements for certification with health services upon employment
- 4.6 When certificating is completed by other agencies, the names of those certified will be given to USDB's Health Services and compared with the original list to assure that all who need training have been trained through a qualified program and are current in their certification.
- 4.7 Staff will provide a copy of their CPR card to USDB's Health Services and the Human Resource office where it will be maintained in their permanent file.

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Authority: Administrative Staff Institutional Council	Effective Date: 9/10/97 Revisions: 10/11/04; 12/09/04 01/21/05