

# Tryout Checklist

*(To be kept on file at the school. Participants must use a new form for each sport)*

The following checklist **MUST** be filled out completely, signed and be placed on file at the school BEFORE a prospective team member may try out for or be a member of any given team.

## **UHSAA Eligibility Rules and Standards must be followed.**

### **As a prospective team member I understand:**

- 1. I will conduct myself in a manner that promotes good sportsmanship.
- 2. I cannot promote nor use illegal substances as defined in Utah Code and the UHSAA alcohol, drugs and tobacco policy (By-laws Article XI)
- 3. I must obtain a physical exam prior to competing in any athletic contest. (By-Laws Article I, Section 12, Interpretations/Guidelines #12, Form A or B)
- 4. I establish eligibility at a UHSAA member school by trying out for a team OR by attending a UHSAA member school. (By-Laws Article I, Section 1-d; Interpretations/Guidelines #1-D)
- 5. UHSAA rules (By-Laws Article I, Section 1-b and Interpretations/Guidelines #1) and local district policy will determine my ninth grade eligibility.
- 6. I could lose eligibility for one full year if:
  - a. I have attended a school or coach sponsored camp with coaches associated with a UHSAA member school outside the school boundaries of my residence or
  - b. I participated with a “club”, “super-league”, “all-star”, or “select” team or other similar organization with players, coaches, or anyone associated with a UHSAA member school outside the school boundaries of my residence or
  - c. I or my parents/guardian have contacted or been contacted by a coach, booster or other(s) associated with a UHSAA member school outside the school boundaries of my residence and then attempt to establish eligibility at that school. (By-Laws Art. I, Sect. 9; Interpretations/Guidelines #8-A)
- 7. A try-out is considered participation in that sport for that sport season. I may only participate in a sport once each sport season. An unsuccessful try-out concludes my eligibility for that season in that sport unless allowed back onto the same team at the same school for which I tried out. (Interpretations/Guidelines #2-A)
- 8. I cannot compete with any non-high school team in the same sport during my high school season. (By-Laws Article I, Section 11)
- 9. I must meet the scholastic eligibility rules of the UHSAA which include a minimum 2.0 GPA and no more than one failure in the previous grading period. I must also meet my district’s scholastic eligibility requirements. (By-Laws Article I, Section 7; Interpretations/Guidelines #5)

*I hereby certify that I have read the eligibility standards which include the By-Laws and Interpretations/Guidelines Sections of the UHSAA Handbook (also available on the UHSAA web-site [www.uhsaa.org](http://www.uhsaa.org)) I understand the pre-requisites for eligibility. I certify that I am eligible under the same and agree to abide by these rules and standards.*

Participant’s Name (print clearly and legibly) \_\_\_\_\_

School Last Attended \_\_\_\_\_ Current Grade: 9<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12<sup>th</sup>

\_\_\_\_\_  
Signature of Student Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Birth date

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Coach (see activity disclosure information below)\*

\_\_\_\_\_  
Date



**School** \_\_\_\_\_

**Sport** \_\_\_\_\_

Girls’ Boys’

**The Activity disclosure statement from Utah State Code (SBE 53-A-3-420) reads:**

- (1) A local school board shall require the development of activity disclosure statements for each school-sponsored group, club, or program which involves students and faculty in grades 9 through 12 in contests, performances, events, or other activities that require them to miss normal class time or takes place outside regular school time.
- (2) The activity disclosure statements shall be disseminated to the students desiring involvement in the specific activity or to the students' parents or legal guardians or to both students and their parents.
- (3) An activity disclosure statement shall contain the following information:
  - a. the specific name of the club, team, group, or activity;
  - b. the maximum number of students involved;
  - c. whether or not tryouts are used to select students, specifying date and time requirements for tryouts, if applicable;
  - d. beginning and ending dates of the activity;
  - e. a tentative schedule of the events, performances, games, or other activities with dates, times, and places specified if available;
  - f. if applicable, designation of any non-season events or activities, including an indication of the status, required, expected, suggested, or optional, with the dates, times, and places specified;
  - g. personal costs associated with the activity;
  - h. the name of the school employee responsible for the activity; and
  - i. any additional information considered important for the students and parents to know.

**Coach:**

Coaches should stress the importance of good sportsmanship and ethical behavior when teaching their players how to conduct themselves. Coaches are to exemplify such behavior.

By signing this form on page 1, you have declared that you have discussed the information on each page with this prospective participant.